



NOTES

Session 2 – “Adoration”

Passages of Scripture from tonight’s session:

Things that stood out to me from tonight’s session:

Things to consider for discussion:

What did you find most helpful or most challenging in the video?

Why do you think that we most often associate prayer with asking, rather than worship and adoration?

Do you enjoy spending time with God?

When are the times that prayer feels most enjoyable?

Pete says that prayer is primarily about relationship with God: "It's relational, not transactional". How does this change your perspective of coming to God in prayer?

In the Acts passage, the early church put their own crisis into perspective by worshipping. What are the practical things you could do this week to foster an attitude of worship in your daily routine?

Consider putting words to paper right here and practicing prayer right now – Read Psalm 8, then Pause & Rejoice. Pause – take a moment and invite the Holy Spirit to help you reflect on what you've just read. Rejoice – write down a prayer of adoration. Reflect and thank God for one or two things in your life: