

+eastridge church

MEN'S BIBLE STUDY

VERTICAL

STARTING JAN 13

**AN 8-WEEK MEN'S BIBLE STUDY
THROUGH THE LORD'S PRAYER**

SESSION ONE:

INTIMACY – “OUR FATHER”

SESSION ONE TEACHING NOTES

Matthew 6:9-13

Luke 11:1-4

The “Lord’s Prayer” comes out of the context of the _____ of Jesus

Mark 1:35-39

Luke 6:12-16

Luke 22:39-46

The “Lord’s Prayer” also comes out of the context of the _____ of a disciple

1. “Our”

2. “Our Father” – Why “Father?”

- Isaiah 66:13

- Matthew 11:27

3. Is God Your Father?

- Romans 8:15
- John 8:41-44
- John 1:11-13
- Ephesians 1:4-6
- Luke 15 – The Parable of the Prodigal Son
- 1 John 3:1

4. How Should We Pray to Our Father?

- **The first thing we do in prayer is actually not to “do” anything, but to “know” that God sees and knows us as we are and that His love is a safe home that we can return to again and again**
- Matthew 18:2-3
- ***“Pray as you can, not as you can’t” – Dom Chapman***

- ***“Pray what is in you, not what should be in you” – C.S. Lewis***
- **God is big enough to handle the words that come from an
_____ heart**
- 1 John 4:18
- 1 John 3:19-21

SESSION ONE GROUP DISCUSSION GUIDE

CONNECT

1. Who was your favorite "TV Dad" and why?
2. What is your preferred method of communication? (i.e., text, email, phone call, face to face, social media, etc.)

GROW

Read Matthew 6:9-13

1. Describe your relationship with your earthly father
2. In the video teaching, Pastor Larry said that Jesus lived in a time when religion pictured God as harsh and distant. Many of us have those same pictures in our heads. How do your experiences with your earthly father affect your thoughts and emotions concerning your heavenly Father? Why do you think the relationship with our earthly fathers affects our spiritual development?

Read Mark 14:32-36; Romans 8:15; and Galatians 4:6

In these passages, Jesus and Paul use the Aramaic term "Abba," meaning "Father." Together, the terms Abba and Father doubly emphasize the Fatherhood of God. In two different terms, we are assured of God's care for us as His children. This also reveals that we can have an incredible familiarity and intimacy with God.

1. When you have that kind of intimacy and familiarity with God as "Father", how does it change the way you communicate with Him in prayer?

Read Matthew 23:9; John 1:12-13; John 20:17; Galatians 3:26-27; Ephesians 1:5; 1 John 3:1; and 1 John 4:4

2. What do these verses tell you about your relationship to God?
3. Describe your thoughts on the Father/child relationship between you and God. Are you fearful, comforted, want to hide, want to celebrate...?
4. Why is it important for us to understand that when we pray to God, we are praying to a loving Father? How might this change your attitude and approach to prayer?

Re-read Matthew 6:9

1. Why do you think Jesus started teaching His disciples how to pray with the phrase “Our Father in heaven?”
2. How would you describe “child-like” prayer?
3. What is the difference between “child-like” prayer and the way that we often pray?

SESSION ONE GROUP PRAYER

PRAYER REQUESTS

