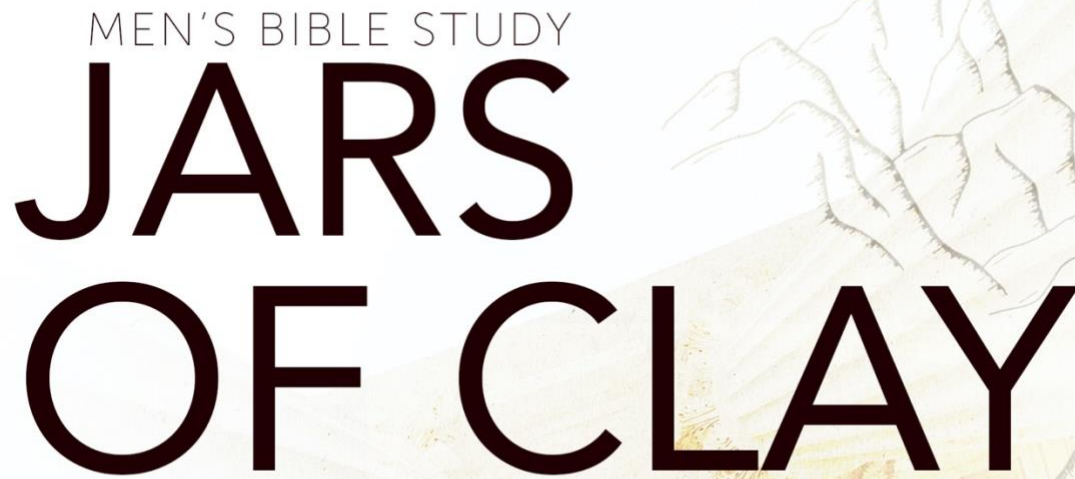


+eastridge church

MEN'S BIBLE STUDY



# JARS OF CLAY

**SESSION ONE:**

**BARNABAS – THE ENCOURAGER**

## HOW TO BE “WIND BENEATH WINGS”

### Introduction

Romans 16

### Five Episodes: Helping Others Fly

**1. Selling a Field = \_\_\_\_\_**

Acts 4:36-37

Matthew 6:21

**2. Sponsoring a Former Enemy = \_\_\_\_\_**

Acts 9:26-28

Romans 12:1-2

Colossians 3:13

**3. Building a Bridge = \_\_\_\_\_**

Acts 11:19-30

Acts 15:1-35

**4. Trading Places = \_\_\_\_\_**

Acts 13:1-52

Matthew 20:26-28

**5. Giving Second Chances = \_\_\_\_\_**

Acts 15:36-40

2 Timothy 4:11

### What Does it Take to Help Others Fly?

- **Personal** \_\_\_\_\_

Philippians 2:3-9

- **Occasional** \_\_\_\_\_

- **Intentional** \_\_\_\_\_

Revelation 12:10

1 John 2:1-2

## WHAT'S YOUR HIGHLIGHT?

Review your notes from this week's teaching. Was there anything that caught your attention, challenged you, or confused you?

## WHAT'S YOUR STORY?

Have you ever been on the receiving end of someone building you up or giving you an opportunity to "fly?" If so, how did that help you grow or reach a goal? If not, can you think of a time when you could have benefited from someone building you up?

## DIGGING DEEPER

In Pastor Larry's teaching, he outlined five elements of helping others fly. These elements were instrumental in allowing Barnabas to pave the way for the ministry of Paul and the growth of the church that followed.

### Read Romans 15:1-6

1. Where do you see the five elements of helping others fly in this passage?
2. Do you see any opportunities in your life to be the wind beneath the wings of others? (i.e. children, coworkers, neighbors, friends, etc.)
3. What are some possible challenges that might hinder you from being able to take risks on people in order to help them "fly"?
4. What do the following verses tell us about the purpose and importance of building up others?

1 Thessalonians 5:11-14

Hebrews 10:24-25

5. Can you think of a role that you can play in the church that would allow you to encourage and strengthen others?

One of the elements of being an encourager like Barnabas is having humility. As you reflect on the following verses, why do you think humility is essential in order to encourage others?

**Romans 12:3-8**

**Philippians 2:1-4**

**Philippians 2:19-22**

1. Can you think of a parent, leader, mentor or friend who consistently encourages others well? What qualities do they possess that line up with the key points in Pastor Larry's teaching?
2. Is there anything you see in that person's actions or the verses above that you can better implement in your own life?
3. What are some ways you may be able to encourage or build someone up this week?

**SESSION ONE GROUP PRAYER**

