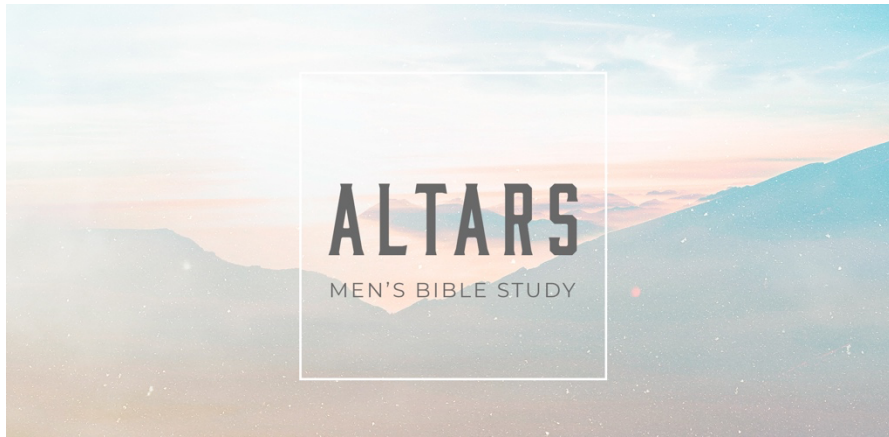


+eastridge church



SESSION TWO:

“The Altar of New Beginnings”

Genesis 8:15-22

SESSION TWO TEACHING NOTES

- When your life is _____, make an altar
- New beginnings require new _____

1. A Posture of _____

2. A Posture of _____

3. A Posture of _____

SESSION TWO GROUP DISCUSSION GUIDE

GETTING STARTED

- What was most encouraging or challenging about this week's teaching?
- Share with the group about a time when your life was significantly altered. Were you expecting it or was it surprise?

DIGGING DEEPER

- It says in Genesis 6:9 that Noah "walked with God." What does it mean to "walk with God?" What characterizes the life of someone who "walks with God?"
- In Genesis 6:22 we learn that Noah "did everything just as God commanded him." Do you think it was easy or hard to obey everything God was commanding Noah to do? Why or why not?
- Read Hebrews 11:6-7. You don't obey someone you don't trust. In what ways did Noah trust God?
- Noah took a posture of listening to God and obeying what God said to do. How have you learned to hear God's voice? When is it difficult to hear God's voice? When do you hear God's voice more clearly?
- One of the first things Noah did when he got off the ark was to build an altar and make a sacrifice. In looking back over the new beginning moments of your life, has God ever asked you to sacrifice something (give something up or leave something behind)?
- Why do you think God wants us to let go of some things in our past before moving into the new season ahead?
- By taking a posture of listening, sacrifice, and worship, Noah put himself in position to fully experience the blessing of God. What are some blessings that you have experienced in your life when you listened to God, trusted God, and obeyed God?

