

**+eastridge church**



## **SESSION ONE:**

**“Purpose”  
1 Peter 1:1-12**

## SESSION ONE TEACHING NOTES

### An Overview of 1 Peter

<https://www.youtube.com/watch?v=WhP7AZQlzCg>

### Meet the Author: Peter (1:1)

### Meet the Audience: “Elect Exiles” (1:1-2)

### How to Find Purpose in Your Pain...

#### 1. \_\_\_\_\_ in what God has done (1:3-5)

- He has given us \_\_\_\_\_ (1:3)
- He guarantees us an \_\_\_\_\_ (1:4)
- He guards us for a final \_\_\_\_\_ (1:5)

#### 2. \_\_\_\_\_ What You are Experiencing (1:6-12)

- Acknowledge the \_\_\_\_\_ of trials (v.6)
- Trust \_\_\_\_\_ in trials (v.7)
- Rest in the \_\_\_\_\_ in trials (vv.8-12)

## SESSION ONE GROUP DISCUSSION GUIDE

### GETTING STARTED

- How would you introduce the author of this letter, Peter, to someone who has never read or heard about him? What are his characteristics, experiences, personalities, strengths and weaknesses?

### DIGGING DEEPER

1. Peter identifies the recipients of his letter as “elect exiles of the Dispersion” (v.1). How would you define an “exile?” Other translations render the word exile as “strangers” (KJV), “foreigners” (NLT), and “aliens” (NASB). How do these other translations clarify the meaning of the word “exile?”
2. Read Acts 8:1-3 and Acts 11:19-26. What light do they shed on Peter’s use of words like “exile” and “dispersion?”
3. How is Paul’s statement in Romans 8:28-29 similar to 1 Peter 1:2?
4. 1 Peter 1:3-5 gives us a glimpse into the “who does what?” question of salvation. From these verses, what has God done (or does He do), and what are we called to do?
5. What does James 1:2-4 tell us about the role of suffering in our maturity? How is James’ teaching similar to or different from Peter’s?
6. Read Isaiah 53. How does this prophecy illustrate 1 Peter 1:10-12? How does seeing this prophecy strengthen your unseen hope?

### TAKING ACTION

- Do you relate to the original readers, the “exiles of the Dispersion?” Why or why not?
- If Christians are truly strangers passing through this world rather than permanent residents, what difference should there be in our attitude and actions?
- Have you experienced hostility, ridicule, persecution, or suffering from others as a result of your faith in Jesus Christ? If so, how did you feel? How

did you respond or react? Did it make you stronger or weaker in your faith?

- Do you see any gaps between your life and what is described in 1 Peter 1:3-12? What will you do about this? How can you pray for one another in your group this week?

**SESSION ONE GROUP PRAYER**

